

My Small Wonders Illness Policy



At My Small Wonders we have the privilege of partnering with parents to provide the best possible care for your child. A big part of that standard of excellence revolves around the health of our 'school' community. While it is not possible to avoid all illnesses with the number of children within our care, we can all help keep the spread of illnesses down at our center by teaching our children healthy habits and keeping our children home when they are ill. Illnesses can multiply rapidly in a child care facility that is lax about enforcing an illness exclusion policy. We realize that taking off can be an inconvenience for working parents therefore we have worked closely with local physicians to come up with an illness policy that is in the best interest of all parties.

At My Small Wonders, Inc. we help control the spread of illnesses with regular cleaning and sanitizing of bathrooms, floors, carpets, toys, equipment, etc. Both teachers and children wash their hands regularly throughout the day and we also have hand sanitizer stations located throughout the facility. You can decrease your child's illnesses by as much as 50% by simply washing his or her hands after leaving schools, grocery stores, movies theaters, or other social gatherings. Be sure to wash those hands!

My Small Wonders, Inc. reserves the right to exclude a child from school at anytime for any reason, even if a doctor or other recommends otherwise. If your child visits a doctor, please ask for a Return Authorization Note. Even with a note My Small Wonders, Inc. reserves the right to refuse attendance at anytime for any reason. (If we have 3 or more children come down with the same illness, we will pass out flyers or include a link on our website for more information on the illness.)

In accordance with the Oklahoma Department of Health and the Department of Human Services children will be excluded from child care with the following signs and/or symptoms, unless a written statement from a licensed physician states a child does not require exclusion;

- Fever, defined as 100 degrees or higher.
- Vomiting and/or diarrhea.
- Undiagnosed body rash or body parasites.
- A contagious disease (chicken pox, measles, pink eye, lice, etc)
- Sore throat with a fever and swollen glands
- Eye discharge, defined as thick mucus or pus draining from the eye or pink eye.
- Persistent severe coughing, where a child gets red or blue in the face, makes a high-pitched whooping sound after coughing, or coughs to the point of vomiting.
- Yellowish skin or eyes.
- Signs or symptoms of possible illness, such as lethargy, irritability, persistent crying, or any other unusual signs until a medical evaluation allows inclusion.

CATCH 22

88% of parents are concerned about their kids being exposed to illnesses at school.

Yet, 81% admit that they've sent their sick child to school!

The following information is to be used as a general guideline when determining if your child should be kept home from care. The exclusion of a child due to illness will be reviewed on a case by case basis. Please remember that My Small Wonders, Inc. reserves the right to exclude a child from school at any time for any reason even if a doctor or other health professional recommends otherwise. Thank you in advance for your cooperation in reducing the spread of illness in our facility.

Illness	Can my child come to school?
Chicken Pox	Must stay home until blisters have scabbed over. Six days to two weeks or more.
Pink Eye	Must stay home for at least 24 hours after receiving doctor prescribed medication. There must be no eye discharge.
Diarrhea and/or vomiting	Should stay home for 24 hours after symptoms stop as long as not symptomatic of an illness.
Fever – any fever registering above 100 degrees, or any signs of a fever: warm touch, lethargy, sweating, chills, etc.	Should stay home until fever is gone. Child must be fever-free for 24 hours without being on any fever-reducing medication before returning to school.
Cold, CLEAR runny nose (usually allergies) without any of the other illness signs	As long as the child is comfortable and “feeling up to it,” he/she can attend.
Flu (body aches, fever, vomiting, diarrhea, chills, upset stomach, etc.)	Child must stay home for at least 24 hours after ALL symptoms have stopped. (No vomiting, no diarrhea, no fever)
Runny nose with green or discolored discharge (may be a bacterial infection)	Must stay home for at least 24 hour after receiving doctor prescribed medication. May return if doctor sends Return Authorization Note explaining the cause of the discharge and confirming that it is not contagious.
Strep Throat	Must stay home for at least 24 hours after receiving doctor prescribed antibiotics.
Hand, Foot, and Mouth disease (rash/blisters)	Must stay home until blisters have scabbed over; usually 2-3 days.
Croup	Must stay home until a doctor provides a Return Authorization Note.
Roseola and other rashes, blisters, etc.	Contact your child’s physician for proper identification of what the cause may be. Not permitted back to school until cleared by a doctor and My Small Wonders staff. You must get a Return Authorization Note from the doctor. Never send your child to school with an unidentified rash.



Illness Policy Signature Page

I have received and read the My Small Wonders Illness Policy and agree with its terms including the exclusion criteria. I will strive to do my part as the parent to partner with the center in this and all areas of development. I will contact the director/management with any questions or concerns. Thank you for your cooperation and for assisting us in keeping the children and staff in the facility healthy and well.

The Illness Policy is yours to keep

Please sign, date and return this signature page to a member of management on your child's first day.

Child's Name (Please Print)

Parent Signature

Date